

GCSE PE AQA Syllabus Specification B

Rock CLIMBING Learning Outcomes

Candidates will be expected to develop advanced skills and techniques and appropriate strategies in increasingly demanding situations.

Candidates will be expected to evaluate and adapt their own performance to produce consistent and effective results.

Candidates will be expected to demonstrate an understanding and practical application of the conventions of the activity in a challenging environment.

Candidates will be expected to demonstrate an understanding of health and safety issues and their practical application.

Acquiring and developing skills – Section A Out of 10

Candidates should demonstrate the following:

Rope handling/use of equipment:

belaying, lowering off, knots.

Movement on rock:

use of different holds, descending, abseiling, traversing.

Communicating.

Selecting and applying skills and compositional ideas – Section B Out of 10

Candidates should perform their activity in a suitable environment, completing a journey and dealing with unforeseen circumstances as appropriate